

Union County YMCA

Pool operations guidelines



- The pool will be closed for 10 minutes at the top of each hour of operation. This will be from 5 minutes to the hour until 5 minutes after the hour.
- The Union YMCA will use the **TEST, MARK, PROTECT** system for enhanced pool safety.
- **TEST**: All participants under the age of 14 will be required to pass a swim test in order to use the entire pool area.
 - The swim test will consist of the following tasks:
 - **Swim** the length of the pool (25 yards) without touching the bottom of the pool and maintain at least a 45° angle.
 - **Tread** water for 30 seconds while keeping ears and face above the water.
 - **Plunge** into water that is above their head and easily return to the surface.
- **MARK**: Swimmers that pass the swim test will be given a wrist band to indicate that they have passed the swim test. The YMCA will institute a tracking system, so swimmers do not have to repeatedly take the swim test.
- **PROTECT**: Non-swimmers that do not meet height requirements must wear a coast guard approved life vest.
 - A vest is required for anyone that the water line in the shallow end is nipple height and they are a non-swimmer.
- Non-swimmers under the age of 10 must be within arm's length of their responsible adult.
- One adult can be responsible for no more than 3 children.
- **Any participant that is deemed to be exhibiting unsafe swimming practices may be asked to perform a swim test, at the lifeguard's discretion. Failure to comply with any of the lifeguards' instructions may result in revocation of privileges.**

The YMCA reserves the right to make adjustments to these procedures as circumstances dictate.